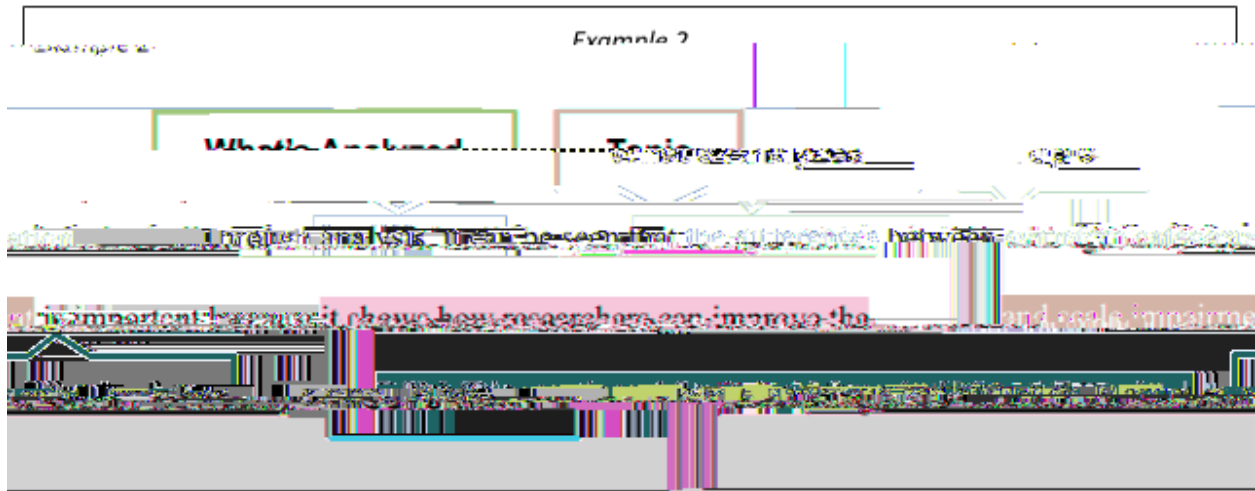In this case, we are analyzing the applications of the Big Five personality traits, which leads to the results or conclusion that conscientiousness is the biggest determiner of success.

In this case, we are analyzing the difference between symptom categorization and scale impairment, which leads to the results or conclusion of how to improve the DSM.

Activity 1

In the following sentences, label 1) what's analyzed, 2) the topic, and 3) the conclusion/result.

1. In analyzing the alternatives to prescribed anxiety medication, it was found that physical exercise and breathing techniques were most effective in reducing anxiety.
   1) What's Analyzed:
   2) Topic:
   3) Conclusion:

2. In *Grendel*, John Gardener uses imagery and comparisons to other creatures to demonstrate the Dragon character as a monstrous creature.
   1) What's Analyzed:
   2) Topic:
   3) Conclusion:

3. An analysis of the credibility of the Myers-Briggs personality test indicates the test has low reliability and validity.
   1) What's Analyzed:
   2) Topic:
   3) Conclusion:

4. Through analysis, it can be seen that the effects of placebo in depression medication are important because they account for a large portion of the drug response.
    1) What's Analyzed:
    2) Topic:
    3) Conclusion:

Activity 2

For each item, please identify which thesis statement is the *most* effective and explain why.

1.
    a. Cerebellum sizes are different between humans and dolphins.
    b. Through analysis, humans don't have good motor skills compared to dolphins.
    c. In analyzing the difference between human and dolphin cerebellum, it is shown that dolphins have better motor skills than humans.
2.
    a. Through analyzing the impacts of mother rats grooming their babies, it is shown that lack of grooming causes the babies to have anxiety once they grow up.
    b. Epigenetics plays an important role in rat anxiety.
    c. An analysis of rat grooming shows anxiety which is important to researchers.
3.
    a. Through analysis, it can be found that the first 20 minutes after waking up is important because that is when the subconscious is most receptive to suggestion.
    b. An analysis of brain waves around and within sleep indicates the subconscious is most impressionable within the first 20 minutes of waking up.
    c. The subconscious is very impressionable within the first 20 minutes of waking up.

1. In analyzing the alternatives to prescribed anxiety medication, it was found that physical exercise and breathing techniques were most effective in reducing anxiety.
    1) What's Analyzed: alternatives
    2) Topic: prescribed anxiety medication (alternatives to)
    3) Conclusion: physical exercise and breathing techniques were most effective in reducing anxiety

2. In *Grendel*, John Gardener uses imagery and comparisons to other creatures to demonstrate the Dragon character as a monstrous creature.
    1) What's Analyzed: the book, *Grendel*
    2) Topic: imagery and comparisons to other creatures
    3) Conclusion: the Dragon character is (demonstrated as) a monstrous creature

Answer "a" includes the *conclusion* that was found (the subconscious is most receptive to suggestion within the first 20 minutes of waking up) but not ***what is analyzed*** (brain waves) or the *topic* (time around sleep).

Answer "c" has a *conclusion* (the subconscious is very impressionable within the first 20 minutes of waking up) but we don't know ***what is analyzed*** (how we came to this result) or a clear *topic* (is it the subconscious? waking up?).

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