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Often, when we learn that a piece of our writing is redundant, our tendency is to delete or eliminate the redundant sentence. However, blindly cutting sentences that contain redundancies

You may think that, in the previous example, removing the entire sentence solves the redundancy problem. However, upon a closer look, deleting the entire sentence *creates* a new problem. We have completely lost the information about *how* having fewer skills to offer employers leads to fewer opportunities for work.

How do we eliminate the redundant phrases without losing important information? The answer is to strain out the redundancy and keep the information you need.

To cook pasta, you must boil the noodles in water. Once the noodles are boiled, you do not simply dump the noodles *and*

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